



# CAREGIVERS

November 1, 2006

Volume 1, Issue 3

## *Caregivers Reception*

The Baltimore City Commission on Aging and Retirement Education (CARE) celebrated the 4<sup>th</sup> annual caregiver reception in honor of National Family Caregivers Month on Thursday, November 2, 2006 from 1:00 p.m. to 3:00 p.m., in the Harbor Club Room, Pier Five Hotel, located in beautiful downtown Baltimore. The event recognized and honored fifty-seven (57) individuals for their invaluable contribution as caregivers. This important occasion marked the 11<sup>th</sup> anniversary of National Family Caregivers Month, and gave up an opportunity to acknowledge and thank some of the 25,000 caregivers in Baltimore City, for their time and support to loved ones, neighbors, friends, and at large, by assuming such a significant responsibility.

During the ceremony, CARE awarded gift packs to all recipients and a one day stay at the Brookshire Suites which will allow them to enjoy a day of respite from caring for their loved ones. In addition, thanks to Southwest Airlines and their Home for the Holidays Program we were able to present a caregiver with one free plane ticket for two any where southwest flies. This year's winner was Mrs. Arnetta Hargrove.

We would like to thank all participants in this year reception and we hope that you had a wonderful time. We would also like to thank the following contributors for their donation to this year's reception:

- **H & S Bakery Inc**
- **Harbor Bank**
- **Pier 5 Harbor Magic Hotel**
- **Hamilton Federal Bank**
- **Henderson's Wharf Inn**
- **Extra Care Pharmacy**
- **Shoppers Food & Pharmacy**
- **Southwest Airlines**
- **St. Patrick's Church**
- **Healing Arts Communications**
- **National Caregiving Foundation**

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## *2006 Award Recipients*

<i>Castro, Antonia</i>	<i>Hutner, Reed</i>
<i>Ballard, Helena</i>	<i>Jackson, Peggy</i>
<i>Booker, Charlotte</i>	<i>Jenkins, Audrey</i>
<i>Bowens, Georgia</i>	<i>Lee, Thomas</i>
<i>Brooks, Dorsey</i>	<i>Lopez, Olga</i>
<i>Bustos, Elsa</i>	<i>Manning, Lena</i>
<i>Campbell, Sylvia</i>	<i>Mattison, Mildred</i>
<i>Carter, Robert</i>	<i>Middleton, Sylvester</i>
<i>Coleman, Marsha</i>	<i>Miller, Delores</i>
<i>Collins, Ruby</i>	<i>Moseley, Velma</i>
<i>Dillon, Loretta</i>	<i>Poindexter, Gary</i>
<i>Dubose, Dorothy</i>	<i>Reed, Sarah</i>
<i>Faulkner, Norma</i>	<i>Reyes, Carmen</i>
<i>Figueroa, Wanda</i>	<i>Robinson, Gerald</i>
<i>Fleet, Marvin</i>	<i>Robinson, Lucille</i>
<i>Fuller, Lila</i>	<i>Rosas, Saturnina</i>
<i>Foy, Brenda</i>	<i>Samuel, Phelzie</i>
<i>Gilliam, Sheila</i>	<i>Smith, Mildred</i>
<i>Grant, Marion</i>	<i>Smith, William</i>
<i>Green, Barbara</i>	<i>Tiller, Virginia</i>
<i>Hamm, Earlene</i>	<i>Ulloa, Fanny</i>
<i>Harrington, Renee</i>	<i>Wanga, Tia</i>
<i>Height, Florence</i>	<i>White, Brenda</i>
<i>Henderson, Bobbie</i>	<i>White, Ethel</i>
<i>Howard, Paul</i>	<i>Wicks, Paulette</i>
	<i>Wilson, Shirley</i>

## *Barbara Mikulski Award Recipients*

*Individual Award - Lila C. Fuller*

*Organization Award - Legal Services to the Elderly*

## 2006 Reception Pictures



**Mrs. Annette Saunders from Communities of CARE pose with Jose Jimenez, Lisa Veale and Dr. Frank Johnson**



**Caregivers having a great time while they enjoy their food.**



**Mrs. Lisa Veale , CARE's Bureau Chief & Mr. John P. Stewart, CARE Executive Director Pose for picture.**



**Mrs. Lisa Veale presents Mrs. Lila Fuller with the Barbara Mikulski Award for her caregiver work & dedication.**



**Mrs. Emma Scherer from Southwest Airlines, Mr. Jose Jimenez Caregiver program manager presents Mrs. Arnetta Hargrove with one plane ticket for two.**



**Grandparent and Grandkid pose for a picture with CARE Staff.**



## 2006 Reception Pictures



Hispanic Community Caregivers Olga Lopez & Antonia Castro pose for picture with Christopher Kelly Baltimore City Hispanic liaison, Jose Jimenez and Edwin Reyes, CARE's NFCSP



Caregiver poses with CARE staff



Caregiver poses with CARE staff



Caregiver poses with CARE staff



Mrs. Blondelia Caldwell Parent Educational Advocate, poses with CARE Staff

## 1<sup>st</sup> Annual Grandparents Day Breakfast

CARE hosted the First Annual Grandparents Day Breakfast on Saturday September 30, 2006 from 9:30a.m.-12:00p.m. at the Waxter Senior Center. The breakfast was an intergenerational gathering where both the grandparents and their grandkids enjoyed themselves. Grandparents received caregiver bags filled with information on other grandparent supportive programs. The children received schools supplies and a Grandparent Day Card. The card was intentionally left blank to allow children to express themselves in their own way. CARE also distributed 5,000 Grandparent Day Cards to local elementary schools and churches to honor the celebration. The program included a hot buffet breakfast and speakers who spoke to grandparents about legal matters, available help, self care, reverse mortgages and health services for their grandchildren. The breakfast also included a children's movie that was selected by the grandkids and viewed during the presentation to grandparents. The breakfast was a great success where 50 grandparents and about 75 grandchildren ranging from ages 6-14 years old joined us for a great day. CARE's Family Caregivers Support Program is already planning next year's breakfast which will be bigger and better







## *Free Caregivers & Volunteer Training Class*

The Baltimore City Commission on Aging and Retirement Education (CARE) National Family Caregivers Program is happy to announce that the caregiver training program will be starting in January 2007. The training program will be an 18-hour course to train caregivers and volunteers on different subjects, such as how to care for someone on bed rest, how to manage medication, fall prevention, fire safety, etc. The training course would be divided into 9 to 12 sessions lasting about 1 ½ hours each. At the end of the training course, you will get a certificate of completion and be entered into our trained caregivers database, which will be used for our future support program.

Please call the NFCSP at 410-396-1337 to enroll in our class. We have limited space, first come first serve basis.

## **FREE Tax Preparation and Earned Income Credit**

**Earn It...** If you made less than \$35,263 in 2006, you may qualify for the Earned Income Tax Credit (EITC) - a credit that will pay some families up to \$4,400 based on family size and income. Come to a free tax preparation site to see what you may qualify for.

**Keep It...** Don't pay expensive tax or "rapid refund" fees. Well-trained volunteers will prepare and e-file your taxes for FREE!

**Save It...** Open a bank account, build savings or pay bills and improve your credit. Ask the volunteers at the tax site about ways to put your money to work for you.

### ► **WHAT YOU NEED**

When you come to the FREE tax location, bring the following:

- A social security card for EACH family member
- W-2 forms for all jobs worked in 2005
- Child care provider name, address, and tax ID number
- A voided check for direct deposit into your banking account
- A copy of last year's tax return
- Any document or information about money you have received from the IRS, including the advanced Child Tax Credit
- All 1099 forms for other income, if any
- Any other tax related documents you have received
- Every adult on your return must come to sign the return

To make an appointment at one of our locations call 410-234-8008, Mon-Sun 8AM-11PM

**Baltimore City Commission on Aging & Retirement Education**

10 N. Calvert St., Ste. 300  
Baltimore, MD 21202

**Phone:**

410-396-1337

**Fax:**

410-244-8516

**E-Mail:**

[Jose.jimenez@baltimorecity.gov](mailto:Jose.jimenez@baltimorecity.gov)

CARE: Making a difference for  
Caregivers



*Martin O'Malley, Mayor*

*John P. Stewart, Executive Director*

*Allan D. Jensen, M.D., Chair, CARE Commissioner*

**BALTIMORE BELIEVE**

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National Family Caregivers Support Program

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